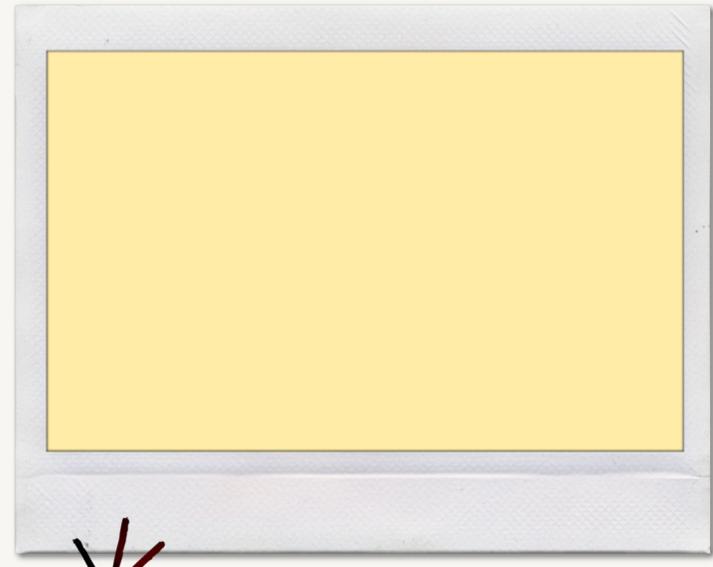




ENGAGE YOUR VISION

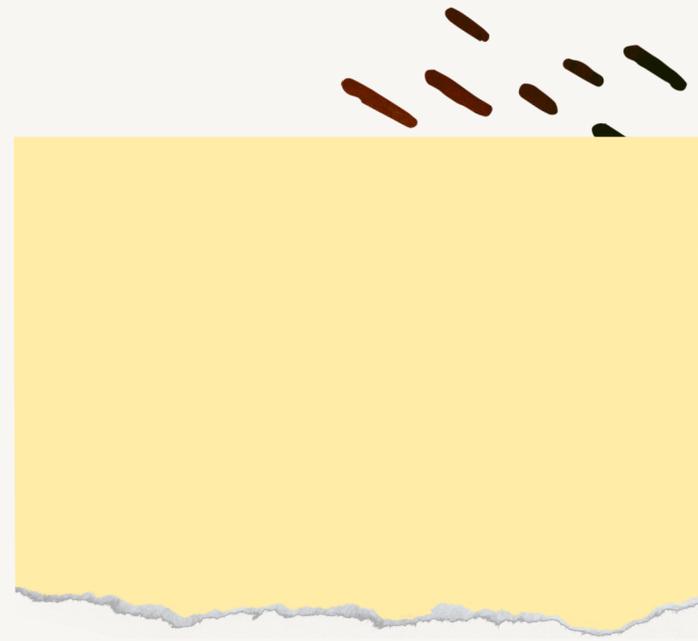


**DREAM UNI
COURSE/CAREER?**



5 THINGS I WANT TO
ACHIEVE THIS YEAR

1. _____
2. _____
3. _____
4. _____
5. _____



**PLANS POST HSC?
SCHOOLIES? TRAVEL? CAR?
FAMILY?**

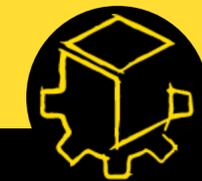


How do you want to feel on results day?



GOAL ATAR?





STUDENT KEY BEHAVIOURS - KEY BEHAVIOUR #1 ENGAGE YOUR VISION

WHY?

Without a source of motivation, no one has the drive to complete the tasks that matter such as practice essays and exams.

For you to be able to continue to push forward despite inevitable challenges, you must be crystal clear on the benefits and rewards (ie Your Vision) of doing the tasks you don't want to do. This will give you the energy, self discipline and commitment to consistently work on the tasks that will make your HSC vision your HSC reality.

By engaging your vision every single day you will be able to minimise distraction and procrastination.



**ENGAGE YOUR VISION
 PLAN
 TRAIN. DAILY.
 PUSH YOUR COMFORT ZONE
 GRIT
 OWN IT**

HOW?

- Use this template to create a **physical vision board** at home to constantly remind you of your WHY
- **Input your vision to the student portal**
- **Talk to coaches** about your vision and their experience at uni
- **Research** and update your vision throughout the year

POSSIBLE IDEAS TO INCLUDE ON YOUR VISION BOARD

- Dream ATAR, degree or career
- Dream car, house or holiday
- How you want to feel walking out of your final HSC exam?
- Demonstrate your gratitude to Mum and Dad for everything through your effort
- Maximising your options for university
- How you want to feel at Schoolies e.g. - 'Schoolies with zero regrets will be 10X better'
- Beating a friend or sibling
- Anything else that will remind you of the benefits and rewards of doing the work you don't want to do.

